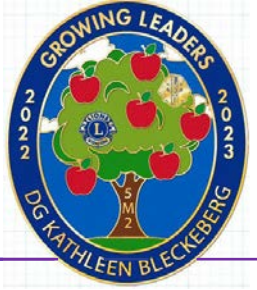




# 5m-2 Lions' News



February 2023

www.district5M2lions.com



## Growing Leaders

Lion Kathleen Bleckeberg  
District Governor

### 10 Days to Mid-Winter!!!

I am coming to the realization, if I can survive the detail planning of a Mid-Winter it's all going to be a cake walk from here on out. Make sure you get your delegates registered so you can vote at the business meeting. See you all on February 10-12th!!

business meeting. See you all on February 10-12th!!

I am half way through club visits. There has been a dry spell with weather but it's all going to work out in the end.

Spring Zone meetings are being scheduled so keep a lookout for the meeting in your Zone. One of the things to start thinking about is Club Excellence Award.

Membership~Need to close the year with the same number of members as the start of the year or have a positive membership growth Or Chartered new Lions club, Leo Club or Club Branch

Service~Contributed to LCIF; Started a new service project; List Three service activities your club participated in that were reported in MyLion or your regional reporting system

Leadership & Organizational Excellence~Club is in Good Standing; Not in Status Quo or Financial Suspension. District dues paid and no unpaid balance with LC greater than \$50 outstanding 90 days or more; Reported Club Officers to LCI; Key Officers participate in club officer training

Marketing~The club has publicized its service activities through local media or social media

Submit the form to me before or on August 15th, 2023.

What a great way to earn a patch for your club banner.

Now on to the Lions Learning portion of the article.

Helen Keller's Speech

Helen Keller addressed the 1925 International Convention in Cedar Point, Ohio on June 30th:

Dear Lions and Ladies:

I suppose you have heard the legend that represents opportunity as a capricious lady, who knocks at every door but once, and if the door isn't opened quickly, she passes on, never to return. And that is as it should be. Lovely, desirable ladies won't wait. You have to go out and grab'em.

I am your opportunity. I am knocking at your door. I want to be adopted. The legend doesn't say what you are to do

when several beautiful opportunities present themselves at the same door. I guess you have to choose the one you love best.

I hope you will adopt me. I am the youngest here, and what I offer you is full of splendid opportunities for service.

Will you not help me hasten the day when there shall be no preventable blindness; no little deaf, blind child untaught; no blind man or woman unaided? I appeal to you Lions, you who have your sight, your hearing, you who are strong and brave and kind. Will you not constitute yourselves Knights of the Blind in the crusade against darkness?

You can see the reenactment of this speech on YouTube, just search Helen Keller speech video. For me it gives me "Yes! This is why I am a LION!!" feeling.

## Inside this Issue...

1st VDG article; Lions 101 .....	Page 2
2nd VDG article .....	Page 3
LCIF .....	Page 3
Delegate Roster .....	Page 4
First Timers .....	Page 5
Mid-Winter Convention .....	Pages 5-7
Parade of Green Information.....	Page 8
Team Sheehan Foundation.....	Page 9
Hearing Foundation.....	Pages 10-11
Can Do Canines.....	Pages 11-12
Peace Poster .....	Page 13
Diabetes Foundation.....	Page 14
Lions Activities .....	Pages 15-18
LITPC Scholarship Information.....	Page 19
Zone Lion of the Year.....	Page 20
Advertised Events.....	Pages 21-22
Multiple Convention Info.....	Page 22

## Giving Thanks



*Lion Christy Trutnau  
1st Vice District Governor*

Welcome to February there some things happening this month. Have you registered for the Mid-Winter yet? If not your time to do so is slowly approaching. Have you submitted a Zone Lion of the year yet? If not, remember its due to me by no later than February 18th. Please see the

newsletter for the nomination form.

Do you have a desire or passion to work with others and are good at communication? Have you ever thought about being a Zone Chair?

What is a Zone Chair? The zone chairperson, subject to the supervision and direction of the district governor, shall be there chief administrative officer of their zone. The zone chairperson is a member of the district's Global Action Team.

Some of the responsibilities of being a zone chair: Visit a regular meeting of each club in their zone once or more during their term of office and send a report to the District Governor. Represent each club in their zone in any problems with district, multiple district council chairperson or LCI. Report on the progress of the clubs at district cabinet meetings. Supervise the progress of district, multiple and LCI projects in their zone. Promote representation at international and district conventions by at least the full quota of delegates to which each club in their zone are entitled. Aspire to have every club within their zone operating un-

der a duly adopted club constitution and by-laws. In coordination with Global Action Team (which includes: Global Membership; Global Leadership and Global Service) the zone chair plays an active role in organizing new clubs and keeping informed of the activities and well-being of the clubs; in supporting leadership initiatives by information Lions within their zone about leadership opportunities; they information Lions about service opportunities at the zone, district and multiple level.

On the LCI website there are resources for Zone chairs such as how to run a zone meeting; how to submit a report; how to understand the club health assessment; and how to install new officers.

Being a zone chair was one of my favorite roles as a Lion, it gave the opportunity to visit other clubs in my zone and to learn more about the different activities and fundraisers each club does. I was able to interact with new and seasoned Lions. As a zone chair, I was in the know of what was happening at the club, district, multiple and international level and was able to communication this information back to the clubs.

If you are interested in learning more about being a Zone chair please reach out to me, as this was only an overview of this position. I will be needing to fill some spots for my district cabinet.

Happy Valentines Day!

You can contact me at:

952-261-8581- phone  
Christy1135@gmail.com

## Lions 101

By: Lion Lisa Kaufmann

Recently, CC Glenn and I presented Lions 101 to the Waconia Lions Club at their monthly club meeting. The Club asked members to bring a friend to learn more about Lions and what they do to support the local community. Lions 101 provides background on the organization, the five Global Causes (vision, environment, hunger, childhood cancer and diabetes) and structure. This was a well-attended event which informed potential members on what Lions is all about, as well as providing club members with a Lions refresher. Next up is a presentation to the Norwood Young America Lions Club. CC Glenn and I would welcome the opportunity to come and speak at your next club meeting. Please reach out to glenny98@hotmail.com or lionlisakaufmann@yahoo.com to schedule.



## Spring Zone Meetings

Zone 6 - Lake Crystal, March 14

Zone 3 - TBD, March 22

Zone 8 - Faribault, March 27

Zone 1 - TBD, March 30

Zone 2 - TBD, April 11

Zone 4 - Jordanes, April 13

## Will Punxsutawney Phil see his shadow?



Lisa Kaufmann  
2nd Vice District Governor

Groundhog Day is a popular North American tradition observed in the United States and Canada on February 2nd. It originates from the Pennsylvania Dutch superstition which tells us if a groundhog emerges from its burrow, sees its shadow, it will retreat to its den

and winter will go on for six more weeks. If he does not see his shadow, spring will arrive early.

My hope is Punxsutawney Phil will not see his shadow. I am always ready for a short winter and spring to arrive early. Even though Lion Glenn and I were able to spend two weeks in Siesta Key, FL, with great weather in December, winter has already seemed to take its toll. As I was thinking about this month's article and Groundhog Day coming it got me thinking about how this relates to our clubs.

Do you feel like your club is running like Groundhog Day? The Lion groundhog sees his shadow, returns to our den and we continue to do things the way we have always done. What if this year the groundhog does not see his shadow, spring is awakening, is your club ready to try something new?

Our Chanhassen Lions club is growing, our average age is decreasing, and the number of female members and couples are increasing. Our club has embraced change and ideas from our new members. We conducted a club survey last year and based on the results made changes. We no longer do tail twisting with fines and instead have a Lion's moment celebrating different occasions or historical events related to Lions. Members wanted more social activities and to have fun doing our service and fundraising projects. We have worked to ensure these elements are present in what we do.

In the coming year I challenge each club to try something new. At the next Zone Meeting, network with your fellow clubs on the activities they do. What new idea have they tried? Is there a project you could work on with another club? When you complete your service projects, remember to report your service project in MyLion. If you need help with reporting reach out to your District Governor team.

Here's to Punxsutawney Phil not seeing his shadow, and spring arriving early. See you at the 5M-2 Mid-Winter Convention in Mankato!



Lions Clubs International  
**FOUNDATION**

300 W 22ND STREET • OAK BROOK ILLINOIS 60523-8842 USA • 630.571.5466 • WWW.LCIF.ORG

Happy February! I will have a table up at the Mid-Winter Convention. Stop by and see me. I will also be providing you with the opportunity of a LIFETIME!!!! For a suggested donation of \$10.00 you will be entered into a drawing to earn a Melvin Jones!!! The drawing will be held Saturday night. All you need is your club's name, your name and phone number. I will do the work of entering them all in to LCIF. Even if your name is not drawn your donation will still be recognized by LCIF. You do NOT have to be present to win.

Also, the time has come for the Parade of Green donations. Please give what you are able as a club and make the checks out to LCIF which is a 501c3-so if you're a gambling club or have a foundation we can also take your money.

The story of LCIF is epic—filled with unlimited compassion and tireless support of Lions service. Founded in 1968, the mission of LCIF is to "empower Lions clubs, volunteers, and partners to improve health and well-being, strengthen communities, and support those in need through humanitarian services and grants that impact lives globally, and encourage peace and international understanding."

For more than 50 years, we've dedicated our energies to increasing the ability of Lions everywhere, helping them empower the communities they serve. With every grant we give, our history grows, along with the impact of Lions. Today, we couldn't be more proud of where we stand, or more excited about the future of our work.

In 1972 LCIF awards first grant of US\$5,000 for flooding in South Dakota, USA.

For more information about our Fantastic Foundation please click on the link below or schedule a visit with me. I like to visit.

5M-2 LCIF District Chairperson  
PDG Anna Wickenhauser  
lionannaw@gmail.com  
952-913-1467

<http://www.lionsclubs.org/en/discover-our-foundation/mission>



### District 5M-2 2023 Lions Club Delegate Roster



**Form must be completed and returned by February 3, 2023.**

**Club Name** \_\_\_\_\_

Each Club receives one (1) Delegate for every 10 members or major fraction (5) thereof.

Number of Club Members: \_\_\_\_\_

Number of Delegates: \_\_\_\_\_

**List of Club Delegates:**

<u>Print Name:</u>	<u>Initial Upon Check-In:</u>	<u>Email Address for Electronic Voting:</u>
1. _____	_____	1. _____
2. _____	_____	2. _____
3. _____	_____	3. _____
4. _____	_____	4. _____
5. _____	_____	5. _____
6. _____	_____	6. _____
7. _____	_____	7. _____
8. _____	_____	8. _____
9. _____	_____	9. _____
10. _____	_____	10. _____

**IMPORTANT: If the delegate form is not completed and returned by February 3, 2023 you will not be able to pick-up your credentials and vote at the 2023 Mid-Winter Convention.**

**The delegate form can be sent via U.S. Mail or Email to the addresses below:**

**Mail:** Lion Lisa Kaufmann, Cabinet Secretary  
6870 Redwing Lane  
Chanhassen, MN 55317

**Email:** lionlisakaufmann@yahoo.com

If you e-mail, be sure to included the number of club members.

## Calling All First Timers

Is this the first time you have attended a Mid-Winter Convention?

If so, we want to talk to you!!

We will be hosting a First Timers "Start the Conversation" Contest at the convention. We look forward to meeting all of the First Timers immediately following the Celebration of Life to give the directions and rules for this

years' contest.

We guarantee that you will have a great time and meet some new and interesting Lions!! You will also have a chance at a great prize!!!

Looking forward to meeting you around 8:00 PM on Friday!!!

Lions Tom & Mary Ferleman



## 2023 LIONS 5M-2 Mid-Winter Convention Growing Leaders

February 10-12, 2022  
Country Inn & Suites Hotel & Conference Center  
1900 Premier Dr., Mankato, MN  
507/225-0007

### Registration Information:

**\$40 registration fee per attendee**

**Register using the paper form on the next page**

### Convention Schedule:

#### Friday, February 10

- 4 p.m. – 8 p.m. Registration – Conference Center Lobby
- 4:30 p.m. – 6:30 p.m. Cabinet Meeting & Dinner (by invitation)
- 6:45 p.m. – 8 p.m. Opening Ceremony & Celebration of Life
- 8:30 p.m. – 11:30 p.m. Rain Kings & Cash Bar – Dress like a farmer or fruit/veggie

#### Saturday, February 11

- 8 a.m. – 6 p.m. Registration
- 8 a.m. – 10 a.m. Coffee & Juice available
- 8:30 a.m. – 9:15 a.m. Speakers: Global Membership Approach (GMA) & MN Hearing Foundation
- 9:30 a.m. – 10:15 a.m. Speakers: Global Membership Approach (GMA) & MN Hearing Foundation
- 10:30 a.m. – 11:15 a.m. Service Project & Networking Time
- 11:30 a.m. – 2:00 p.m. Lunch & Program
- 2:15 p.m. – 4:15 p.m. Business Meeting & Service Project
- 6:00 p.m. ID & Governor's Reception (Cash Bar)
- 6:30 p.m. Governor's Banquet
- 9:00 p.m. Evening Mixer & Cash Bar

#### Sunday, February 12

- 8:15 a.m. Ecumenical Service
- 9:00 a.m. - 11 a.m. Coffee & Juice
- Speaker: New Voices
- Awards, Parade of Green & Speaker



## 2023 5M-2 Mid-Winter Convention Growing Leaders

### Hotel & Venue Information

February 10-12, 2022  
Country Inn & Suites Hotel & Conference Center  
900 Premier Dr., Mankato, MN  
507/225-0007

### Booking Link:

<https://www.radissonhotelsamericas.com/en-us/hotels/country-inn-conference-mankato-mn/deals/5m2-lions>

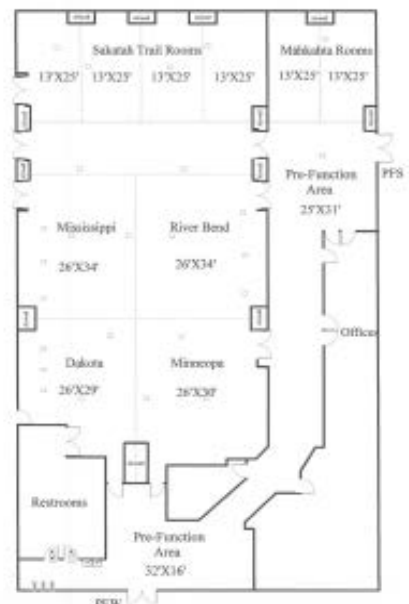
Room Price: Thursday night \$99; Friday, Saturday \$125.

**Room Block Valid until January 10, 2023**  
**(Book early – we have added additional rooms to the block already)**

**Enjoy the following services and amenities during your stay:**

- Free, hot breakfast
- Free Wi-Fi
- Fitness center
- Indoor pool and hot tub
- Rooms and suites with a mini fridge and microwave

Conference Center





## Lions 5M-2 Mid-Winter Convention February 10-12, 2023



NOTE: PLEASE PRINT LEGIBLY AND READ INSTRUCTIONS BEFORE COMPLETING FORM.

Guest Information: ( ) Lion ( ) Leo ( ) Spouse/Guest ( ) 1<sup>st</sup> Time Attendee

Last Name	First Name	E-mail address
Address or PO	Club Name	Phone Number
City	State & Zip Code	Dietary Needs
Guest or Spouse Last Name	Guest or Spouse First Name	Address if Different

Please follow these instructions to register for the convention:

- Return Registration Form completed in full. Registration fee to apply to all attendees including non-Lions. *Visiting dignitaries and invited guests will be the only exceptions.*
- Enclose payment for registration and meals (all meal prices include tax and gratuity)
- Make Checks payable to: Lions 5M2 Mid-Winter Convention and mail to:  
Lion Shermayne Cross  
18209 Roberds Lake Blvd.  
Faribault, MN 55021  
Call Lion Shermayne with questions-(507) 330-1544
- **Cancellation Policy: Cancellations must be directed to Lion Shermayne at the above address or call.**
- Refunds will be sent in the form of a check following the convention and will be honored as follows:
- Postmarked on or before Jan. 12, 2023– Full refund; January 13-February 2- 90% refund; after Feb. 2-no refund.

**Registration fee for all attendees is \$40.00**

**NO MEALS GUARANTEED AFTER FEBRUARY 1, 2023**

Guest #1	Guest #2	Meal Cost Per Person	Total
		<b>All Meal Package</b> (Includes Sat. Lunch and Sat. Banquet) \$ 56.00	
<i>Ex. (A- Ham)</i>	<i>(B)</i>	<b>Saturday Lunch</b> \$ 21.00 Please choose one; add letter and meat under guest A. Box Lunch-Turkey or Ham or Roast Beef- (includes pasta & a cookie). B. Garden Salad w/Chicken. C. Garden Salad Only.	
		<b>Saturday Banquet</b> \$ 35.00 Please choose one and add letter under guest A. Pork Loin w/baby red potatoes and zucchini medley. B. Quinoa Stuffed Peppers w/baby red potatoes and zucchini. C. Champagne Chicken w/baby red potatoes and zucchini.	
		<b>Cabinet Meeting (not included in meal pkg.)</b> \$ 21.00 Please choose one and add letter under guest A. Caesar Salad w/Chicken. B. Deli Sandwich and Soup.	
<b>Total Meal Cost</b>			
<b>Total Registration Fees</b>			
<b>Grand Total Meals &amp; Registration</b>			

\*\*\* Name tags will be distributed with your convention materials at check-in  
and must be worn to allow entry to meals and all events!\*\*\*

## District 5M-2 PARADE OF GREEN

by Lisa Kaufmann

Parade of Green is an integral part of the 5M-2 Mid-Winter Convention. The purpose of the Parade of Green is to give District 5M-2 Lions Clubs the opportunity to provide monetary donations to foundations/programs our District supports. The donations received are most of the funding for each of these foundations/programs. Please review the list below to see the current participants, there is a new addition of the TEAM Sheehan Charitable Foundation. As your club evaluates your Parade of Green donations, consider donating at least a small amount to each one.

The list includes if they are a 501 (c)(3) and their tax identification number. If the foundation/program is 501 (c)(3) donations can come from either gambling or project funds. If not, funding may only come from project funds. Our ask is for each club within the District to donate even a small amount to each foundation.

Lions Clubs International Foundation (LCIF): (501 (c)(3)/23-7030455) LCIF is the main humanitarian arm of the Lions around the world. Donated funds are recorded as a Melvin Jones donation. For every \$1,000 donated, your Club may present a Melvin Jones Fellow Award. Records for donations are kept by LCIF.

Minnesota Lions Vision Foundation: (501 (c)(3)/41-6026488) The Minnesota Lions Vision Foundation has been working to help the blind and visually impaired since 1960. Through their support of Lions Gift of Sight (formerly Minnesota Lions Eye Bank), their collaboration with the University of Minnesota's Department of Ophthalmology, and their work collecting and distributing used eyeglasses, the Foundation helps countless people every day. Donated funds are recorded as a Helen Keller donation. For every \$1,000 donated, your Club may present a Helen Keller Award in honor of those who have distinguished themselves on behalf of sight. Records for donations are kept by the Vision Foundation.

Minnesota Lions Hearing Foundation: (501(c)(3)/41-6172730) The Foundation was founded in 1973 to fully promote the advance of research and programs concerned with hearing health and communication disorders. Further, it was founded to help with the organization and administration of these activities throughout the Lions Multiple District 5M, which encompasses Minnesota, Manitoba, and Northwestern Ontario. For every \$1,000 donated your Club may present a Hearing Research Fellowship. A second donation in the same named individual will receive a Progressive Fellowship.

Diabetes: Clubs can donate to either or both.

MN Lions Diabetes Foundation: (501 (c)(3)/26-3238179) Foundation is dedicated to improving the quality of life for people with diabetes by funding research to cure diabetes, providing education and sponsoring preventive health activities. Donated funds are recorded as a Dream Catcher donation. For every \$1,000 donated, your Club may present a Dream Catcher Award. Records for donations are kept by your own Club.

5M-2 Diabetes: Funds stay in District 5M-2.

MN Lions Childhood Cancer Foundation: (501 (c)(3)/83-2970348) A charity of the Lions Clubs of Minnesota to support efforts to end childhood cancer. A relatively new

initiative by the Foundation involves partnering with local Lions Clubs to help local families dealing with childhood cancer. Thus far, we have approved matches \$500 to three local Lions Clubs who had fundraisers for local families. The Believe Award has been established to recognize Clubs and individuals who have donated \$1,000 to the Foundation to further our mission to assist patients and families dealing with childhood cancer.



MD5M KidSight Foundation: (501 (c)(3)/81-3338106) KidSight is a program to screen the vision of children, primarily between the ages of 6 months and 6 years. About 7 to 15% of children screened will be referred for follow-up professional exams. For every \$1,000 donated your club may present a "Sight Saver" award.

Can Do Canines: (501 (c)(3)/41-1594165) Can do Canines raises and trains Mobility Assist, Diabetes Assist, Autism Assist, Hearing Assist, Seizure Assist and other Service Dogs. The dogs are provided at no charge to the recipient. For every \$1,000 donated your Club may present a "Top Dog" award. Donation records are kept by Can do Canines.

Project New Hope Lions Foundation of Minnesota: (501 (c)(3)/27-2749699) Provides family retreats for veterans and their families with educational skills to manage their lives after wartime service. The organization provides these activities totally free to the veterans and their families.

Leader Dogs for the Blind: (501 (c)(3)/38-1366931) People who are blind or visually impaired endure hardships most of us can barely imagine. Things that were once routine and taken for granted may gradually or suddenly become insurmountable hurdles. Leader Dogs for the Blind provide white cane training to matching people with a Leader Dog, they provide the tools and training to reintroduce people to a life of independence, confidence, and companionship. It's a way of living that leads to a new perspective on life.

Youth Exchange: Clubs can donate to either or both.

MD5M Youth Exchange: (501 (c)(3)/46-4182698) The Lions Youth Exchange Program was launched to provide today's youth, our leaders of tomorrow, an opportunity to learn about people and cultures other than their own to promote world peace. Young people are given the opportunity of living with a family or families in a foreign country for a few weeks to experience first-hand a new culture, history, and a different way of life. The goal is to have each participant upon returning home share his or her experiences in promoting international understanding.

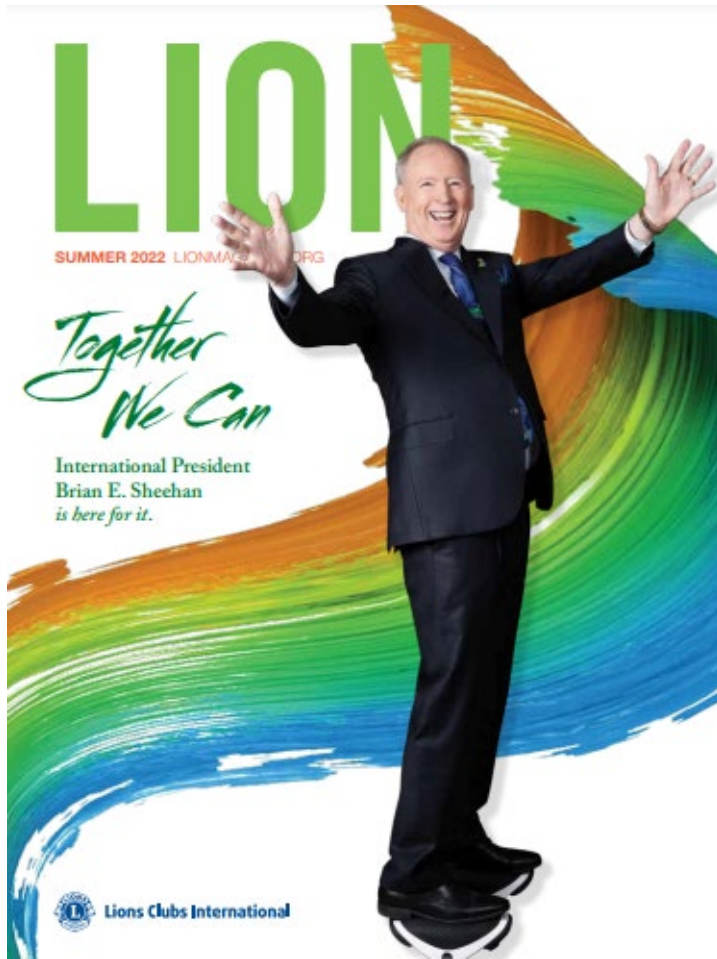
5M-2 Youth Exchange: Funds stay in 5M-2.

5M-2 Youth Outreach: The Youth Outreach program is a part of the Lions Organization encompassing Leos, Peace Poster, Essay Contest, Liberty Day & Write-Off.

TEAM Sheehan Charitable Foundation: (501 (c)(3)) The TEAM Sheehan Charitable Foundation was formed to provide matching funds for MD5M Club projects which are too large for the Club to do itself, but too small for a LCIF grant. The Foundation hopes to be able to begin awarding matching fund grants in the 2023-24 Lion year.



## TEAM Sheehan Charitable Foundation: New Parade of Green Charity



I write on behalf of the TEAM Sheehan Charitable Foundation as I am District 5M-2's member of the Board of Directors. The TEAM Sheehan Charitable Foundation was incorporated in February 2022 and was granted 501c3 status by the IRS in June 2022.

For those of you who have attended an International Convention in the past, you've seen how Multiple Districts, which have been the home of an outgoing International President, have presented them with a gift as a "Thank You" for their Year of Service; some of which have been quite extravagant.

Lions Brian and Lori have insisted that they do not want a gift, but rather a way to help individual Lions Clubs in MD5M do more. Their solution was the TEAM Sheehan Charitable Foundation.

The TEAM Sheehan Charitable Foundation was formed to provide matching funds for local Club projects which are too large for the Club to do for itself, but too small for an LCIF grant. This includes all clubs in the MD5M Multiple. The Foundation hopes to be able to begin awarding matching fund grants following Lion Brian's year as LCIF Chair, the 2023-24 Lions Year.

To accomplish this, the Foundation hopes to raise its initial funding over the next 2 years. Since the IRS regulations under the Foundation's 501c3 status require we limit fundraising to \$50,000 per year for these 2 years, we hope that your club will consider a donation of \$75 -\$100 US during these years.

As our district representative to the TEAM Sheehan Charitable Foundation, I would be honored to visit your club

and answer any questions you may have. We'd also appreciate any donation, however small, your club could make to the Foundation during its Parade of Green. At the last 5M-2 Cabinet meeting in November, the Cabinet unanimously voted to add this Foundation to the Parade of Green. In the future, we plan to make a Foundation support pin available for individuals making a \$100 donation.

Thank you and your club so much for your time and consideration and for showing your support to IP Brian and Lion Lori.

Lion Joan Blank  
District 5M-2 TEAM Sheehan Charitable Foundation Director

### **5M-2 Lions' News Newsletter Deadline: 15th of each month...**

Submit your club events and  
Lions program articles to:  
[5M2newslettereditor@gmail.com](mailto:5M2newslettereditor@gmail.com)

**What are your clubs doing for  
Service? Get Me the NEWS!!**





Newborn hearing screening: Hearing helps a baby to talk. If hearing loss is discovered early, babies have the best chance of learning to speak and doing well in school.



In 1999, only 8% of babies born in Minnesota were screened for hearing loss. Together with their partners, the Department of Otolaryngology at the University of Minnesota, the 5M Hearing Foundation established the **Lions Newborn Hearing Screening Program**. Within five years, every baby born in Minnesota could be screened for hearing loss –that’s about 70,000 children every year! In 2007, newborn hearing screening was mandated and the Lions Newborn Screening Program was handed over to the Department of Health.

If your baby does not pass the first hearing screen, it does not mean he/she has a hearing loss. Some common reasons are:

- birth debris in the ear canal
- fussy baby
- too much noise in the room
- middle ear fluid

Nonetheless, it’s important to schedule a follow-up screen.

Speech and Hearing Milestones to watch for:

- around 0-3 months
  - startles at loud noises
  - reacts to a familiar person
- makes “coo” or “aah” sounds
- around 3-6 months
  - stops playing when sound is heard
  - reacts to his/her name
  - babbles
  - laughs when happy
- around 6-9 months
  - turns head to source of sound
  - responds to “no” and facial expressions
  - says “mama” and “dada”

Your donations go to continue the Minnesota Lions Hearing Foundation of the legacy of making sure children in Minnesota are taken care of from birth





## Minnesota Lions Hearing Foundation News

Can you believe the 5M-2 convention is almost here? Hopefully we will see you at the convention. In the past, 5M-2 clubs have been wonderful sponsors of the Hearing Founda-

tion and we are hoping this is the year we have 100% participation in the Parade of Green. As you prepare for the convention, please consider a contribution in any amount to the Hearing Foundation. Checks can be made out to the Minnesota Hearing Foundation. All contributions from clubs are included in the eligibility for a Hearing Foundation Award.

One of the research doctors from the University will be speaking at the convention during the Saturday lunch. Please make plans to attend the lunch and get the scoop on what is going on with hearing at the U of M. The signature project this year is updating the temporal bone lab. Pretty sure we will hear the latest on the project.

It's not too early to start planning for the DeFeet Walk on June 3rd at the Arboretum. The \$35 entry fee includes admission to the Arboretum, games, music, visits from

the gopher's mascot and the 5M-2 Lion as well as lunch and the walk. Entry for kids is free. The DeFeet Walk is the major fundraiser for the Foundation, please consider attending and donating.

The Hearing Foundation will be hosting the Silent Auction at the MD5M Convention, May 5th thru May 7th in St. Cloud. I know there are Lions out there who love creating baskets for silent auctions. Please consider donating a basket, item, or sporting event tickets from your club. Please contact either PDG Marvin Grimm or me and we will be happy to collect them.

The motto for the Hearing Foundation is Believe and Be Heard. The goal is to make sure Minnesota Lions know about our mission and vision to help those with hearing needs through education, research, and promotions.

PDG Marvin and I are available to speak at your club meetings, please reach out to schedule.

Thank you for your support.

Lion Wanda Breimhorst, Phone: 612-716-4705  
PDG Marvin Grimm, Phone: 952-448-9465

## Can Do Canines Fetching Ball Gala

Can Do Canines will be hosting its annual Fetching Ball Gala on Saturday, February 25, 2023. This year's event will be held at the Radisson Blu Mall of America, with KARE 11 Reporter/Anchor Rena Sarigianopoulos serving as the Master of Ceremonies.

We invite you to join us for this evening that celebrates the amazing teams of Can Do Canines. Enjoy dinner, inspiring stories, games, and silent and live auctions – all benefitting the organization. See [candocanines.org/fetchingball](http://candocanines.org/fetchingball) for more information and to purchase tickets.



## Can Do Canines Open House Scheduled for March 25

Can Do Canines invites you to attend an open house on Saturday, March 25, from Noon to 2 p.m., at its Can Do Canines campus (9440 Science Center Drive, New Hope, Minnesota.). Potential clients, volunteers, or anyone who might be interested in supporting the organization are invited to attend to learn how an assistance dog changes the life of a person with a disability.



Through a self-guided tour, attendees will be able to watch a trainer working with an assistance dog, hear from a volunteer puppy raiser, talk with volunteer staff members, pose questions to client services coordinators about the application process, and meet graduate teams from each of the five types of areas Can Do Canines trains dogs: hearing, mobility, seizure, diabetes and childhood autism. The assistance dog demonstrations will be held at 12:30, 1:00, and 1:30, and the puppy raiser will speak at 12:15, 12:45, and 1:15.

There is no pre-registration for this event, though attendees will be asked to share some contact information when arriving.

More information about Can Do Canines is at [www.candocanines.org](http://www.candocanines.org).





## LIONS INTERNATIONAL PEACE POSTER CONTEST

### **“Lead with Compassion” 2022 5M-2 Peace Poster Winners**

PDG Diana Kroells District Peace Poster Chairperson

Thanks to all who participated in the Peace Poster Contest. Thank you to the 18 clubs (29% of district) that participated in the Peace Poster Contest. There were a total of 23 posters submitted for judging by these clubs. The posters were very good and I am glad I did not have to make the decision picking the winners as I had 5 non-Lions judging these posters. It was truly fun to see how unique each student has shown their own interpretation on how to “Lead with Compassion”- this year’s theme. This year’s winning poster was submitted by the Cologne Lions, 2nd place- Lester Prairie Lions and 3rd place- West

Carver Lions. Congratulations to the winners.

If your club did not submit an entry this year, please consider this as one of your projects in 2023. Just remember, you must order a separate kit for each poster that you submit. Many towns have multiple schools so if you want to choose a poster from each school- you must order multiple kits. The new kits for 2023 will be available in January from Lions International. As I write this, the theme has not yet been released.

You will see all of the 2022 posters displayed at the District 5M-2 Mid-Winter Convention in February.



2nd Place Makayla Serna -  
Lester Prairie Lions



1st Place Ivana Dinakar -  
Cologne Lions



3rd Place Reagan McMullen -  
West Carver Lions

### **5M-2 Lions' News Newsletter Deadline: 15th of each month...**

Submit your club events and Lions  
program articles to:  
[5M2newslettereditor@gmail.com](mailto:5M2newslettereditor@gmail.com)

**What are your clubs doing for Service? Share the NEWS!!**

## Minnesota Lions Diabetes Foundation Update



**Minnesota Lions Diabetes Foundation (MLDF) has a dream – *Life without Diabetes*.** We are, with your support, providing funding devoted to finding a cure for diabetes. The research is also leading to treatments for diabetes – improving the quality of life for people who live with diabetes.

### Improving Health

There are steps each of us can take to improve our health and possibly prevent Type 2 diabetes.

- Maintain an A1C blood (a blood test that measures average blood sugar levels during past 3 months) level of 5.7 % or below for a normal range.
- Be aware of what we are eating and drinking. Read Nutrition Fact Labels on packaging of foods and drinks for information about calories, carbohydrates, added sugars, vitamins, etc. Eating and drinking in moderation is key.
- Maintain a healthy weight.
- Be physically active (a minimum of 150 minutes a week\averaging 22 minutes a day of moderate intensity activity).
- Get good amount of sleep (7 to 9 hours per night).

### Diabetes Service Project



Minnesota Lions Diabetes Foundation trustees are working with Lions Clubs to distribute 2,000 **diabetes emergency hypoglycemia (low-blood sugar) kits** to schools and other community locations throughout Minnesota. Created with the help of Lions International Directors' Partners-In-Service, the kits provide guidance and glucose gel and crackers for use in low-blood sugar situations. Your club's assistance to distributing within your community is appreciated! Contact us for more information and kits.

### Diabetes Research

MLDF is committed to supporting research for treatments and a cure for diabetes. Recently the Foundation provided additional funding to the University of Minnesota for Type 1 and Type 2 diabetes.

In Type 1 diabetes is when the body's immune system mistakenly attacks and destroys insulin-producing cells. The body needs insulin to help blood sugars convert to energy. Without insulin, the human body cannot survive. To combat the destruction of these cells, and cure Type 1 diabetes, U of M researchers are creating "firefighters" which will be introduced to the body and protect the insulin-producing cells.

Researchers at the U of M have also identified a molecule that reduces the amount of glucose in mice, a discovery which may lead to better treatments for obesity-linked Type 2 diabetes. The goal is to determine if this molecule, if used in a drug, can prevent the development of Type 2 diabetes, or reverse the condition in current patients. Support from MLDF may allow scientists to translate this research from animal models to humans to develop the next generation of a drug to fight Type 2 diabetes.

### Club Visits and Diabetes Service Projects

Please contact your 5M-2 MLDF Trustees to learn more about diabetes, diabetes service projects, and to schedule your club visit (in-person, or online).

*Your support of MLDF is making a difference for countless people in your community and across the world, as new treatments are developed and progress toward a cure for diabetes advances.*

## Lions', Leos' Clubs News and Activities

### Lonsdale Lions

A small crew of Lonsdale Lions -- Lion Don Sticha, Lion Barb Peterson, Lion Dale Furrer, & Lion Alan Fitterer (taking the picture) -- picked up their 2-mile MN Adopt-A-Highway section just north of Lonsdale on Highway 19 back in late October. 11 bags of garbage & recycling plus lumber, car pieces, and many other items were picked up & disposed of.



The Lonsdale Lions Club had their annual Holiday Dinner on December 14th at The Whistle Stop in Lonsdale. 13 Lion members, 6 spouses of Lions, and 4 widows of deceased Lions members ... and a partridge in a pear tree, all attended and enjoyed a good meal and lots of social time with one another!



### Chanhasseen Lions



Dave - 25 year chevron



New members Cary & Steve Jobe

### Veseli Lions



The Veseli Area Lions, Jennifer Malecha and Roxanne LaPierre have received the Membership Advancement Key for opening up the door of Lionism. Jenny has sponsored 5 people and Roxanne 2 individuals to our club.

**5M-2 Lions' News Newsletter Deadline:  
15th of each month...**

Submit your club events and Lions program articles to: [5M2newslettereditor@gmail.com](mailto:5M2newslettereditor@gmail.com)

**What are your clubs doing for FUN? Get Me the NEWS!!**

### Hamburg Lions

Hamburg Lions held their annual Pancake Brunch Jan 15th. Proceeds benefited Camp Sweet Life and Camp Confidence



### Prior Lake Lions

Leo at Fong's Restaurant & Bar in Prior Lake MN was presented a community bench for his awesome community engagement throughout the years. The Prior Lake Lions Club Of District 5M-2 appreciates and is grateful for his community wide support

Yes, that's another 500 pounds of plastic bags collected which created the third bench in 2022 and assembled by Ed Spieker!!!



Service hours combined, 50 years amongst these 3 members within the Prior Lake Lions Club Of District 5M-2 - Lion Paul; Lion Chris; Lion Char. And a huge THANK YOU to our District 5M-2 Governor Kathleen for presenting the awards and acolytes.





### More Prior Lake Lions



On 01.16.2023 the annual Martin Luther King Day event was co-sponsored with Prior Lake Savage Schools, City of Prior Lake, City of Savage City of Credit River, Shepherd of the Lake Church, Spring Lake Township, Prior Lake Lions, Prior Lake Savage Optimists, Interfaith Connect of Prior Lake Savage and Prior Lake and Savage Rotary Clubs.

Keynote speaker was Jurgis Didžiulis. He is from Lithuania. He is an internationally renowned musician who spoke and used music to present an interactive

program of diversity and unity. With respect for other cultures.

Lions Kidsight was also on hand and screened 50 children. What a great event held for ALL! Looking forward to 2024!

MONDAY, JANUARY 16, 2023  
7:30 A.M. @ PLHS

MARTIN LUTHER KING, JR. DAY BREAKFAST

Logos include: Prior Lake Rotary, Savage Rotary, Interfaith Connect, City of Prior Lake, Savage Club of Credit River, Spring Lake Township, PACC, Lions Club, and Prior Lake-Savage Optimist Club.



'Roaring into the start of 2023' and our monthly dinner speaker meetings held at McKenna crossing . We had our very own Prior Lake MN Mayor Kirt Briggs alongside of City Manager Jason Wedel attend as guest speakers in January, the club was thanked for its service and positive community vibes along with a very informative growth mode Q & A slated for the city of Prior Lake and its partnering townships.



## Lafayette Area Lions Have Busy Weekend

Fortunately for the Lafayette Lions, the weather was great the weekend of January 14-15. In preparation for the club's annual Dad's Belgian Waffle Breakfast, a number of Lions gathered Saturday to make preliminary preparations for a silent auction that would be held with the breakfast.

The breakfast was also a College Fund Benefit for a local teen whose father passed away unexpectedly and whose mother is unable to care for her due to medical issues that she's had since the girl was only a year old.

With a large crowd expected, the breakfast was held in the Lafayette Fire Hall, which the local firemen graciously agreed to. That meant, however, that the fire trucks had to be moved out early on the morning- of the breakfast. They were temporarily kept in a United Farmers Co-op shed and in the city building.

With limited time for setup before the 9:00 a.m. start, the Lions asked for assistance from the community—and several locals arrived at 7:00 a.m. Sunday to help the Lions. Tables, chairs, the silent auction, and the food preparation and serving areas were quickly set up.



Members of the Lafayette Lions Club presented the proceeds of the cash raffle to Elissa Ries. Lions pictured are Joe Maidl, Mark Dick, Mark Haler, and Andrew Maidl.

The breakfast benefit was a huge success as the entire area far beyond Lafayette turned out. A total of 770 people were served—710 paid meals and 60 free kids meals.

The support for teen Elissa Ries through the silent auction, quilt raffle, and free will donations was overwhelming. The cash raffle raised \$3,000 for Elissa's college fund and the silent auction more than doubled that amount.

• • •

After Saturday morning setup, three Lions jumped in a car and headed west about 15 miles to show support for another community event, the Sewing for Sight quilting event at the St. George Catholic Church Fellowship Hall. There they presented a \$500 Lafayette Lions donation to the Foundation for Saving Sight. The donation—along with money raised at the sewing event—support the mission of restoring vision to those who otherwise would not have access to sight-saving improvements in and around San Lucas Toliman, Guatemala.



Three Lafayette Lions—and future Lion Conner Portner—presented the Lions donation to Sewing for Sight Saturday, January 15. The Lions are Scott Portner, Ruth Klossner and Trish Gieseke.

### **5M-2 Lions' News Newsletter Deadline: 15th of each month...**

Submit your club events and Lions  
program articles to:

[5M2newslettereditor@gmail.com](mailto:5M2newslettereditor@gmail.com)

**What are your clubs doing for Fund Raising? Share the NEWS!!**



## LITPC YOUTH SCHOLARSHIP INFORMATION



The Lions International Trading Pin Club (LITPC) has announced for the 2022 – 2023 school year that there will be 4 US \$2,500 scholarships awarded. Graduating Leos OR graduating sons/daughters, grandsons/granddaughters of Lions are eligible to apply for the LITPC Youth Scholarship. The LITPC goal is to help our future leaders and give students a financial helping hand. This program started in 2012. Recipients have been from Connecticut, Delaware (2), Georgia, Iowa, Louisiana, Minnesota (3), New York (3), Ohio (3), Oklahoma (2), Pennsylvania (2) and Virginia (5). The 2023 recipients will be announced at the LITPC Pin Traders Annual Breakfast in June, 2023.

To obtain the current LITPC Youth Scholarship information:

1. Go to the **LITPC website**: [www.litpc.org](http://www.litpc.org)
2. In the left column, click on **LITPC Scholarship Forms**.
3. Then click on **LITPC Scholarship Information**.
4. When that page comes up, click on **Scholarship Application Form**. Read and follow **ALL** directions. Be sure to fill out **ALL** the forms neatly and correctly which includes the 4 essay questions (in 350 words or less) and the question about scholarships that you have been offered along with submitting a **certified** copy of your high school transcript including activities. Plus you also need to attach recommendations from 2 persons (i.e. teacher, coach, clergy, employer, etc.) **AND** attach a recommendation letter from a Lions Club member indicating the name of the Club and state/province and country in which the Club is located.

**ALL** forms and letters are to be submitted by **MARCH 1, 2023** to:

**Lions Bill & Marcia Guthrie, Scholarship Chairman** 763-786-8072

9 101<sup>st</sup> Lane NW, Coon Rapids, MN 55448 [bmguthrie9@q.com](mailto:bmguthrie9@q.com)

**You can either mail us your application or email it to us.**

**THANK YOU AND GOOD LUCK TO ALL!!!**

**The LITPC fulfills the motto of Lions Clubs International – “WE SERVE”**



# 2022

## District 5M2 Zone Lion of the Year

Zone Lion of the Year is a project unique to District 5M2. It gives the District the opportunity to bestow well-deserved recognition on one Lion in each Zone who exemplifies our Centennial motto: Where There’s a Need, There’s a Lion”.

Each club is asked to nominate a Lion who is deserving of this recognition; it can be any member of your club.

The Zone Lion of the Year presentations will be made during the 2023 Spring Zone Meetings. The Club president or person designated by the president is asked to complete this application and return it to 1VDG Christy Trutnau by February 18<sup>th</sup>, 2023.

Send to: IVDG Christy Trutnau  
 110 Rebecca Dr  
 Jordan, MN 55352  
[Christy1135@gmail.com](mailto:Christy1135@gmail.com)

Please write a brief description of the nominee’s service including such items as years of Lion service, involvement in club activities, and involvement in the community. The form must be signed by the club president. Attach a separate sheet or use the back of this form.

Nominee: \_\_\_\_\_  
 Club: \_\_\_\_\_  
 Zone: \_\_\_\_\_  
 Club President: \_\_\_\_\_  
 (signature) (Date)

**20th Annual Beer & Wine Tasting Event**



Benefitting the Jordan Lions Scholarship Fund  
- Over \$280,000 in Scholarships to Date! -

**Thursday, February 2, 2023**  
7:00 – 9:30 pm  
Ridges at Sand Creek



Enjoy a variety of beers and wines with complimentary appetizers!  
Silent Auction  
Like us on Facebook for a preview of Silent Auction items



**\$25 per ticket**  
Buy your tickets from any Jordan Lion or at Jordan Wine & Spirits



*We are always looking for new Lions to support our community.*  
Please contact Todd at [Toddsch@comcast.net](mailto:Toddsch@comcast.net) if interested

# Faribault Lions Club



## Pancake & Sausage Feast

**Sunday February 5 2023**




**7:30 AM to 12:30 PM**


*Faribault American Legion*  
**112 5th St NE**

Donation: Adults \$10.00, Children 12 & Under \$5.00  
All Proceeds go to Lions Projects

Please Bring Your Old Eyeglasses & Hearing Aids to Donate




**LIONS HOCKEY NIGHT**



# FEBRUARY 17, 2023

**7:00 PM Excel Energy Center, St. Paul**

Lions International President Brian Sheehan and the MN Wild invite you to participate in Lions International Wild Game Night. A great public relations opportunity for our organization. **Tickets are available First come, first served.** Please use the QR code or link to order your tickets soon. Don't wait until the last minute to order your tickets.  
<https://protect-us.mimecast.com/s/8rtRCNknvMcZjEGXS4o6DN?domain=us-west-2.protection.sophos.com>




**Show your pride by wearing your Team Sheehan gear and MN Wild gear. President Brian will be riding a Zamboni.**

**Volunteers Needed**

Giveaways will be given out at four gates as fans enter the facility. We will need 16 volunteers to arrive before game time to help distribute items.

We will also have a Lions information table on the concourse requiring volunteers. Please go to the sign-up genius link if you are interested in volunteering. **Volunteers are required to purchase tickets if you wish to watch the game.** If you want to volunteer only, there is no need to purchase a game ticket.  
<https://www.signupgenius.com/go/60B0E48A4A62AAAFC1-lions3>



## Hamburg Lions Club

### Purse & Gun Bingo

**Saturday February 18, 2023**  
Hamburg Community Hall  
351 Henrietta Ave  
Doors open at 4:30 pm Bingo begins at 5:30 pm

**Purses by:**  
Coach Kate Spade  
Michael Kors





\*Radical Arms RF \*15 Ruger 10/22 w scope  
\*Smith & Wesson Sd9 9mm \*Glock 43x 9mm  
\*Mossberg Sxp 20 ga. \*Winchester Xpr .308  
\*Mossberg 500 12 ga.  
\*Stoeger M3020 20 ga.Camo

**15 Games of Bingo \$50.00**  
**7 games for purses 8 games for guns**  
**Food & Bar Available**  
**MUST BE 18 OR OLDER TO PLAY**



# Dad's Belgian Waffles



All You Care to Eat



SERVING: WAFFLES, SAUSAGES, TOPPINGS & BEVERAGES

**EAT TUESDAY – WAFFLE SUPPER**  
**TUESDAY, FEBRUARY 21, 2023**

4:30 - 7:00 PM

Grace Lutheran Church  
110 North 4<sup>th</sup> Street – Mankato, MN

Adults: \$10.00 advance, \$11.00 at door  
Children 6-12: \$5.00 Under 6: Free

Advance tickets available from Eagle Lake Area Lions & Mankato Lions Club Members or contact us by email: [eaglelakelions@gmail.com](mailto:eaglelakelions@gmail.com) or [mankatolions@gmail.com](mailto:mankatolions@gmail.com)

Proceeds to support local community and Lions projects!

# Leo Conference

February 24-26, 2023  
Camp Friendship, Annandale

Explore Resources

Have Fun!

Learn about projects from other Leos around the state



Cost per Leo \$20

Fill out the form to register



## 103rd Annual MD5M Multiple Convention

May 5-7, 2023  
Holiday Inn, St. Cloud, MN

### HIGHLIGHTS

IP Brian & Lion Lori Sheehan  
Live, in-person and not flat!

Mark Lindquist  
Motivational Speaker

Ukraine Service Project

Sheehan Foundation Penguin Sock Walk

Starkey Hearing Session

John Harrington  
1980 Olympic Miracle on Ice



REGISTER ONLINE  
If you plan to pay by check, it is kindly requested you fill registration out online. Details for mailing the check are included there.



## Why should I go to a Lions Leadership Institute?



### Emerging Lions Leadership Institute (ELLI):

Registration is now open

The goal of the Emerging Lions Leadership Institute (ELLI) is to prepare Lions for leadership positions at the club level. Qualified candidates are Lions in good standing who have successfully served on a club committee and have not yet obtained the level of club president. It is strongly recommended that all club vice presidents attend ELLI.

The Institute will be held April 13-16, 2023 at:

**the Dean Lakes Education Center 4601 Dean Lakes Boulevard | Shakopee, MN 55379**

Accommodations are available at the **Holiday Inn Express 4550 12th Avenue E Shakopee, MN 55379 952-445-2244. Cost will be \$124 USD per night not including tax.** Reservations must be made by Friday, March 24. Lions will be allowed to commute to the Institute providing they can do so from a safe distance and attend all Institute functions.

Cost of the Institute is \$100 USD in addition to lodging and travel expenses. The Multiple District will provide all meals and training materials.

The deadline to submit your completed application to your District Governor is March 17, 2023.

The application is located on the MD5M website: [lionsmd5m.org](http://lionsmd5m.org) under resources.

If you have any questions please email Lion Dennis W. Kelly III, MD5M GLT Coordinator at [dkellylion@gmail.com](mailto:dkellylion@gmail.com)

For more information on Lions Leadership institutes

